

EASY C.O.N.C.E.P.T.I.O.N CODE

What if you had a simple blueprint to reclaim your pregnancy safely?

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**EASY
CONCEPTION
CODE**

What if you
had a simple blueprint to
reclaim your pregnancy
safely?

By
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FI fight your infertility
BECAUSE MOTHER IS IN YOU

You are trying to conceive for four years but you didn't get the pregnancy. You get a period and track your ovulation each month but nothing works.

Perhaps you're doing everything Clomid, IUIs, daily injections and so on with all BFNs

Every day you pray the God and even that seems to be not working in your favor.

You don't understand.

You also don't know any reason why you can't get pregnant.

You feel lost and confused.

You are desperate to get pregnant.

Whenever I spent my time in infertility forums I see women telling similar stories like the above I have narrated.

Question Your Thoughts:

So far you have been relying on conventional treatments with the hope of getting pregnant.

You keep on TTC the same way for months and years together.

You never question why the treatment you're following not giving you the desired results even after trying for many years...

Is it not the time to take a pause and think differently?

Is it not the time to give natural methods a try?

Giving natural methods a try means, you trust your ability to conceive naturally.

Understand that the more you doubt or disbelieve your body's ability to conceive the more closed minded you are becoming...

Realize that you have an innate ability to conceive. First, you acknowledge this and then give the right things to your body to restore fertility.

This short report is to help those who want to reclaim and restore the fertility naturally.

EASY C.O.N.C.E.P.T.I.O.N CODE:

It is not a code per se. It is a kind of recipe for increasing your fertility naturally. This method uses the acronym C.O.N.C.E.P.T.I.O.N to help you memorize 10 natural fertility boosters and put it into use easily.

It incorporates the following **10 natural fertility boosters**. Each of the fertility boosters brings a specific change and eventually brings balance in your body.

10 Natural Fertility Boosters:

The uniqueness of C.O.N.C.E.P.T.I.O.N code is that it **reverses infertility without a medicine** or any other intrusive methods. Also, it is based on expert's insights and real stories.

Shall we dive into each of these fertility enhancers one by one...

[Fertility Booster-1: C- Cultivate Ovulation](#)

[Fertility Booster-2: O- Optimize Body Balance](#)

[Fertility Booster-3: N- Nurture Metabolism](#)

[Fertility Booster-4: C- Clean the Colon](#)

[Fertility Booster-5: E- Enhance Digestion](#)

[Fertility Booster-6: P- Pacify Stress](#)

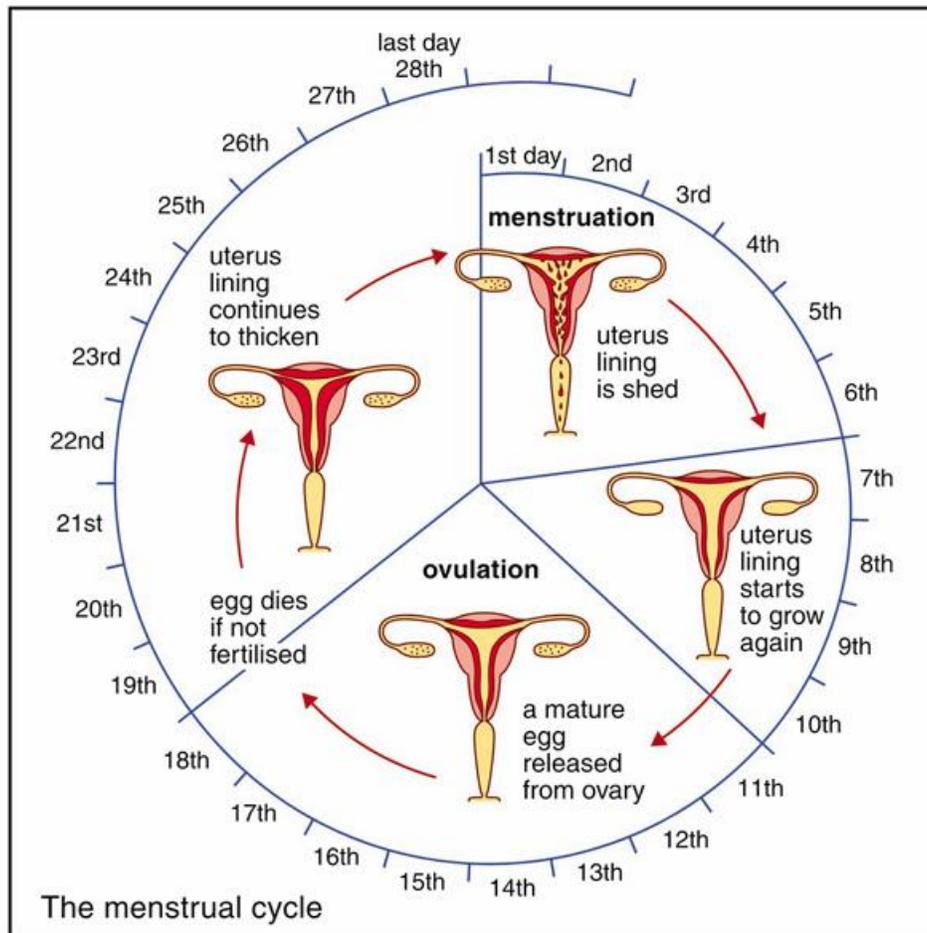
[Fertility Booster-7: T-Thrive DH Count](#)

[Fertility Booster-8: I- Improve Cervical Mucus](#)

[Fertility Booster-9: O- Oust Parasites](#)

[Fertility Booster-10: N- Nourish Liver](#)

Fertility Booster-1: Cultivate Ovulation



Via [doctorbabu](#)

Majority women, who are trying to conceive, focus their entire attention on tracking their ovulation with BFNs. Their impatience grows further and they feel disappointed.

They only try conventional medicine with the hope of **fighting anovulation**.

You being an intelligent woman try to understand the reason behind this problem and take proactive steps to fix this.

Did you know?

Every cell in your body needs sufficient amounts of **linoleic acid** and **alpha-linolenic acid** to keep its vitality. So linoleic acid and alpha-linolenic acid are essential to restore your ovulation.

Linoleic acid and alpha-linolenic acid are essential to restore your ovulation

The bottom-line!

Eat plenty of fish, eggs, broccoli and dark green vegetables as they contain sufficient amounts of linoleic acid.



The only thing you have to remember here is to stay away from fish like shark, tuna as they have high levels of mercury that is not good for your body.

[Vitex \(Chaste Tree Berry\)](#)



Do you have a problem of irregular cycles? Vitex (Chaste Tree Berry), is one of the most popular and beneficial herbs for women's menstrual and ovulation health without any side effects... [Use Vitex and restore your cycle within 1 or 2 weeks>>>](#)

Fertility Booster-2: Optimize Body Balance

Did you know?



via [trans4mind](#)

Your body is a chemical factory and it optimally functions only when you have the right acid and alkaline balance.

All the cells of your body stay healthy when the alkaline balance is between 7.0 and 8.0. Conversely, your cells are not healthy when you have the alkaline balance below 7.0.

Unfortunately, typical Western diet mainly consists of acidic foods such as dairy, meat and it is deprived of alkaline foods such as fruits and vegetables.

The bottom-line!

Consume plenty of alkaline foods while minimizing acidic foods

So eat plenty of fruits, vegetables, sprouts and herbs.

Fertility Booster-3: Nurture Metabolism

Majority women are predominantly career oriented. It is nothing wrong and however, they don't care about **eating nutritious food**.

Most of the time they are busy. They eat whatever available and in the process, they are depriving their body of nutritious food.

Did you know?

All the systems of your body work in cohesion. In other words, if there is any defect in one system that will impact other systems.

Obviously, the reproductive system and endocrine system which are directly relating to fertility are also affected.

The bottom-line

Eat balanced nutritious food and improve metabolic rate.

Eat plenty of cruciferous vegetables. They are known to increase the metabolism in the body.



As you **nurture your metabolism** you're also **increasing the fertility**.

Fertility Booster-4: Clean the Colon

Did you know?

Undigested meat and other hard foods cause mucus buildup in the **Colon**. This produces toxins in your body.

Toxic buildup in the body produces symptoms like fatigue, weight gain and low-energy on the surface level. But in the deep down, they manifest themselves as many diseases including PCOS, hormonal disorders and other chronic diseases.

The bottom-line!

The Colon cleansing will release you from many diseases including infertility.

So take 2 ounces of wheatgrass juice on an empty stomach.

Wheatgrass is considered the most powerful juice with tons of chlorophyll a green pigment found in plants that have tremendous healing power.

Wheatgrass juice not only cleans the colon but also alkalizes the blood.

Fertility Booster-5: Enhance Digestion

Majority women suffer from unexplained infertility. They have perfect reproductive and hormonal systems and yet unable to conceive.

Did you know?

One of the **major causes of unexplained infertility** is digestive disorders. They include malnutrition, hormonal imbalance, anemia and coeliac diseases. The only way you can counteract this problem is through a healthy lifestyle.

The bottom-line

Before you restore your fertility you need to take care of enhancing your digestion.

You can do it simply by **drinking herbal teas**.

Herbal teas are known for medicinal value as they don't contain caffeine. They improve your appetite, supply minerals and vitamins to your body.

Herbal teas containing clove, cinnamon stimulate your digestion.

Herbal teas containing licorice stimulate the bowels.

[Drink Conceptions Tea](#)



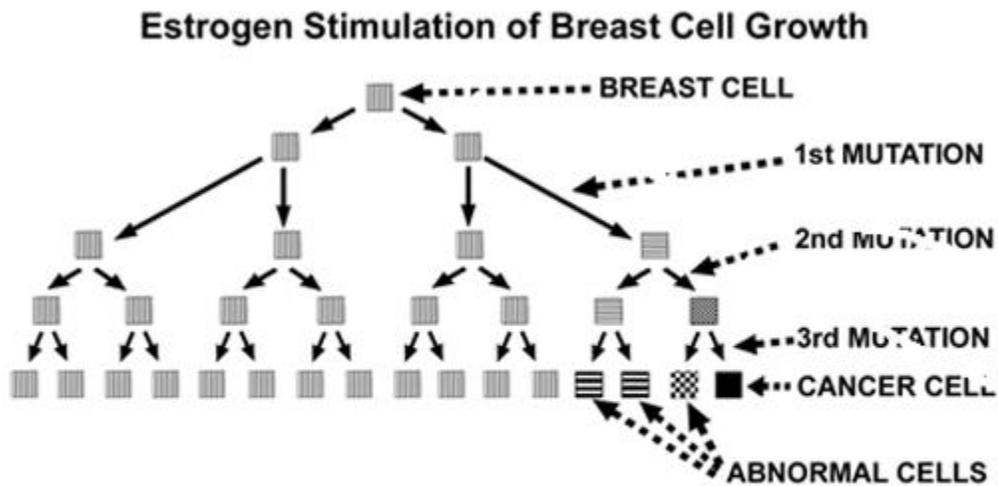
Did you know just drinking a tea can rejuvenate your fertility... that will support, tone, and nourish the female reproductive system? Because hidden in this tea is "11 herbs" that nourish women fertility health... [11 herbs That Trigger women's reproductive system ==>](#)

Fertility Booster-6: Pacify Stress

In today's hectic lifestyle, each one of you is subjected to all sorts of stress.

Your job security, financial issues, relationship problems cause stress. This increases estrogen levels in your body.

Did you know?



via [bcpinstitute](#)

Increase in estrogen levels in your body is the main reason behind uterine fibroids, endometriosis and breast cancer.

An increase in estrogen levels in your body is the main reason behind uterine fibroids, endometriosis and breast cancer. – [drtorihudson.com](#)

The bottom-line

When you are trying to conceive your highest priority should be resolving all your inner conflicts.

Unresolved conflicts may include your career pressure, not fulfilling your creative desires, not resolving your sexual and relationship issues, not resolving your deep pain and anger....

You are the best judge what are the unresolved conflicts harboring in your mind and emotional body.

Take some time to figure out, acknowledge and make steps to resolve them.

It is not the question of fertility issue only.

Realize that it is the question of improving your overall life.

You can resolve all these conflicts with simple lifestyle changes.

These lifestyles changes may include practicing daily meditation; getting inspired consciously; spending time in the silence; practicing the acts of gratitude and love.

These small changes in your lifestyle will go a long way in resolving all your inner conflicts.

Fertility Booster-7: Thrive DH Count

When it comes to infertility majority people perceive that it is a woman's problem.

However, it is far from reality.

Did you know?

Studies indicate that 30% of infertility is relating to male factor problems.

While you are trying to conceive if your DH has low sperm count it would be difficult to get over this problem.

The bottom-line

When you are TTC you have to boost your hobbies fertility also.

Some men had the problem of gluten intolerance. So cut the gluten from your DH diet. This **boost sperm count** dramatically. Using zinc supplements also suggested.

Before you get together it is also advisable for your DH 3 to 4 days of abstinence as it builds up quality and quantity of sperm levels.

Use Male Factor Formula Kit



5 Key herbs that promote normal sperm production, count, motility and increase male libido >>>

Fertility Booster-8: Improve Cervical Mucus

Did you know?



For the best chance of pregnancy, a couple should have sex when the woman's cervical mucus is most receptive to sperm. The mucus becomes clearer, stretchy and fluid – rather like the raw white of a hen's egg.

via [familydoctor](#)

Increasing cervical mucus helps your partner's sperm make its journey easy during ovulation. It is a kind of creating the right environment so that the egg and sperm meet without any obstruction and resulting in conception.

The bottom-line

Improve cervical mucus by taking enough vitamin A in the form of beta- carotene. You can drink grapefruit juice regularly to increase cervical fluid.

[Use Fertilica CM Pack](#)



2 nutritional supplements increase blood flow to the uterus, ovaries, cervix and genitals. [Want to increase CM within a month of use>>>](#)

Fertility Booster-9: Oust Parasites

Did you know?

Parasites live in your body.

They lay eggs and release toxins into your blood.

They damage your organs.

This will result in many diseases including digestive problems, hormonal disorders and infertility.

The bottom-line:

Oust parasites from your body

Take cloves, black walnut and garlic as they kill most of the parasites in your body.



Fertility Booster-10: Nourish Liver

Did you know?

A healthy liver eliminates the toxins from your body and maintains your health. It also produces substances essential for your immunity system, hormonal system and for maintaining optimal blood sugar. All these factors influence your fertility.

The bottom-line:

A healthy liver is a key for your fertility. Nourishing the liver is, therefore, paramount when you're trying to conceive.

You can take milk thistle seed extract to nourish your liver.

Milk thistle seed extract has highly potent antioxidant properties and therefore protect your liver from damage.

[Use Fertility Cleanse Kit](#)



5 Key herbs that promote normal liver function, uterine health that fuel your body's natural detoxification. [Want 5 key herbs that detox and trigger your natural conception >>>](#)

Do natural methods really work?

Majority women who **try natural methods** say that **it doesn't work**.

Generally what happens!

They practice one or two methods and come to a conclusion that it doesn't work.

It is understandable.

If you want natural methods to work for you, you have to **see the big picture**.

First, you have to realize that your body has an **innate ability** to conceive naturally.

The ability to conceive is suppressed apparently due to some incoherent habits.

In order to correct this incoherence, you have to deal with the problem in totality, not in isolation.

The Easy C.O.N.C.E.P.T.I.O.N code is conceived keeping the above factor.

In the easy C.O.N.C.E.P.T.I.O.N code, I have included **all the aspects of infertility for optimum results**. So if you're trying to conceive unsuccessfully, don't get disheartened.

Stop going the beaten track.

Take a turn; explore the wonderful opportunity of getting pregnant naturally.

With the C.O.N.C.E.P.T.I.O.N method, you are sitting in the driver's seat.

By sitting in the driver's seat you are not simply wishing baby dust. You are literally **making it happen**. You are in control of your destiny.

All it takes is **shifting your focus** inside your body and **taking simple lifestyle changes**.

You get pregnant and also improve every aspect of your life.

Are you scared that you're never going to be a mom?

I know how much you desperately want your child. And that is why you are taking Clomid cycles, checking charts and embarrassing internal exams...But the result is often **BFNs or miscarriages**.

Pay Close ATTENTION here...

If you are trying to conceive for more than two years and worried about whether you can get pregnant..... It is the time for **C.H.A.N.G.E...** So you won't **MISS** the chance of becoming a **MOM**.

To Prevent further damage of your fertility...

**Download Your
FREE Report**

HOW NOT TO REMAIN INFERTILE

YOGIC SECRET TO PROTECT YOUR FERTILITY AND CONCEIVE IN 3 MONTHS

REALIZE 73 HEALTH RISKS IF YOU TREAT IT IN WRONG WAY 

WHAT DOESN'T WORK? WHAT WORKS FAST? 

WHY 99% OF WOMEN MESS UP? WHAT YOU NEED TO DO ACTUALLY? 

EXACT 3 WAYS TO REVERSE INFERTILITY AND CONCEIVE FAST 

FI **fight your infertility**
BECAUSE MOTHER IS IN YOU

If you've been struggling to conceive-- Or the thought of never being a mom makes you want to kill yourself... Then it's time to find out what is your actual problem. Because 99% of the time, there is only 1 thing you have to do... that will change your life beyond your belief. ==> [Click here to download this free report "HOW NOT REMAIN INFERTILE. YOGIC SECRET TO PROTECT YOUR FERTILITY AND CONCEIVE IN 3 MONTHS OR LESS">>>>>](#)