

# Infertility Risks Checklist

**WANT TO PROTECT  
YOUR FERTILITY?**

# **INFERTILITY RISKS CHECKLIST**

**DOWNLOAD THIS FREE  
CHECKLIST NOW**



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## The Risk of Managing Symptoms Alone

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Doctors prescribe Clomid for infertility problems like ovulation or irregular ovulation. This drug forces the ovary to ovulate. This may help few lucky women to get pregnant. Others try repeated Clomid cycles with more dosage and eventually fail. Now let us analyze whether this treatment is right or not

- Maybe your body is ridden with toxins... (Study: Preconception and prenatal exposure to toxic environmental agents can have a profound and lasting effect on reproductive health)
- Maybe your ovarian health is not good...(ovarian healthy is the key for proper ovulatory cycles)
- Maybe your reproductive system health is not good...( health of the reproductive system is a must for conception)
- Maybe your overall health is not good...(if the overall health is not up to the mark, it will affect the reproductive system)

Without fixing these issues if one continue to stimulate the ovary with Clomid or other fertility drugs she has risk of deterioration of overall health including your fertility health. And as a result, there is a risk of irreversible infertility as well as irreversible chronic diseases.

Overall health is the key to get pregnancy. But the doctors don't try to restore health. Conversely, the restoration of health is not in their hands (this is in your hands). And therefore, they focus on getting pregnancy with drugs, IUI or IVF.

Here are the risks of managing symptoms without fixing the underlying problem.

## Low Estrogen Risks

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- You have no periods or irregular periods
- You have trouble getting pregnant
- You have mood swings, hot flashes and night sweats

- You feel fatigued and having trouble sleeping
- You feel depressed
- Your libido is low
- You have painful sex
- Your skin is dry
- You have trouble focusing
- You gain weight
- You experience vaginal dryness
- You have bone loss
- You experience breast tenderness.
- You lose breast firmness

## Low Progesterone Risks

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- Infertility issues
- Depression, anxiety, mood swings
- Low libido, fatigue, foggy thinking
- Slow metabolism, weight gain around the midsection, sugar cravings
- Short luteal phase and Low luteal phase temperatures
- Premenstrual spotting
- Very heavy menstrual flow
- Early miscarriage
- Increased facial and body hair
- Ovarian cysts
- Arthritis
- Recurrent early miscarriage
- Blood clots during menstruation
- Decreased sex drive
- Depression or anxiety
- Fatigue
- Fibrocystic breasts
- PCOS

- Endometriosis
- Gallbladder issues
- Vaginal dryness

## High Cortisol Risks

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- PCOS and fertility problems
- Impairs thyroid function
- Leads to blood sugar imbalances and type 2 diabetes
- Decreases bone density
- Decreases muscle mass
- Elevates blood pressure
- Lowers immune function
- Slows the healing of wounds
- Increases abdominal fat and weight gain
- Contributes to depression
- Tiredness and low libido
- Premature aging
- Mind problems including depression, Alzheimer's disease, and multiple sclerosis

## Fertility drugs Risks

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- Women who are infertile are known to have a higher risk of breast, ovarian and womb cancer.
- IVF treatments pose a significant risk of ovarian and uterine cancer.
- There is a link between the use of ovulation induction drugs and ovarian cancer.
- Women with higher prolactin levels may have a higher risk of breast cancer.
- Infertility increases a man's risk of prostate cancer
- Infertile men have a higher risk of heart disease, diabetes...

- Infertile couples are up to three times more likely to end in divorce if they fail to produce a child.

Every woman who depends on modern medicine alone is risking irrevocable infertility and life-threatening diseases because modern medicine manages only symptoms and leaves the underlying cause of infertility problems.

Fortunately you are not among such women because you are clearing the root cause of your infertility problem using the 3 Step Fertility Code.

Following the 3 Step Fertility Code you are preventing all the chronic and life-threatening diseases.

# Are you literally damaging your fertility unknowingly?

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Did you know that you can **conceive easily**?

I mean, you can **joyfully become a mother** without fail.

But if you don't do **3 essential things**, you will literally lose the chance of conception.

We discovered these "**3 missing things**" that your body needs to fix its infertility problem by itself. And most women have no clue about these 3 things because doctors aren't even aware of it.

We revealed these **3 things** and how they protect your fertility in our free guide "**HOW NOT REMAIN INFERTILE**"

This is a **life saving guide** for women struggling with infertility problems...

Download Your  
**FREE Report**

## **HOW NOT TO REMAIN INFERTILE**

### **YOGIC SECRET TO PROTECT YOUR FERTILITY AND CONCEIVE IN 3 MONTHS**

REALIZE 73 HEALTH  
RISKS IF YOU TREAT IT  
IN WRONG WAY



WHAT DOESN'T WORK?  
WHAT WORKS FAST?



WHY 99% OF WOMEN  
MESS UP? WHAT YOU  
NEED TO DO ACTUALLY?



EXACT 3 WAYS TO  
REVERSE INFERTILITY  
AND CONCEIVE FAST



 **fight your infertility**  
BECAUSE MOTHER IS IN YOU

[Click here to join our mailing list and download](#)

["HOW NOT TO REMAIN INFERTILE" Free checklist](#)

